



YouLearn.ca

November Newsletter

762 Fairview Road
PO Box 940
Oliver, BC V0H 1T0
(250) 498-4597

Office Hours:
Monday - Friday 8:30 - 3:30pm

Principal: Brad Burns
www.youlearn.ca
(250) 498-4597
youlearn@sd53.bc.ca

Principal's Message

Welcome to November. It's the time of the year where we are experiencing colder days, less leaves on the trees and a time change that has made the days seem shorter! There is lots going on for YouLearn families and staff.

The first of the Informal Learning updates were done last month. If you have any questions, please reach out to your student's teacher. The next student report will be a written update on or before December 15, 2025.

Remembrance Day this year will fall on a Tuesday and there will be no school. YouLearn has been invited to attend the SOSS ceremony, which will take place on the south side of the Venables Theatre. This is an important day of recognition for those who have served and currently serve our country as members of the Canadian Armed Forces.

There is an opportunity for Indigenous YouLearn students to attend an exciting careers information session. This will take place on November 18th in Osoyoos at the Nk'Mip campground. Please see the attached information form for more details.

In trying to create a sense of belonging within the school, we are offering a Connections Club for students. This takes place every Thursday at the Oliver campus from 1:00-3:00 PM and all students are welcome to join.

Sincerely,
Brad Burns

Important Dates

November 7th

Smashing Pumpkins Field Trip

November 8th

Indigenous Veterans Day

November 10th

Remembrance Day Ceremony

November 11th

Remembrance Day
Schools Closed

November 12th

CYMH Parent Workshop

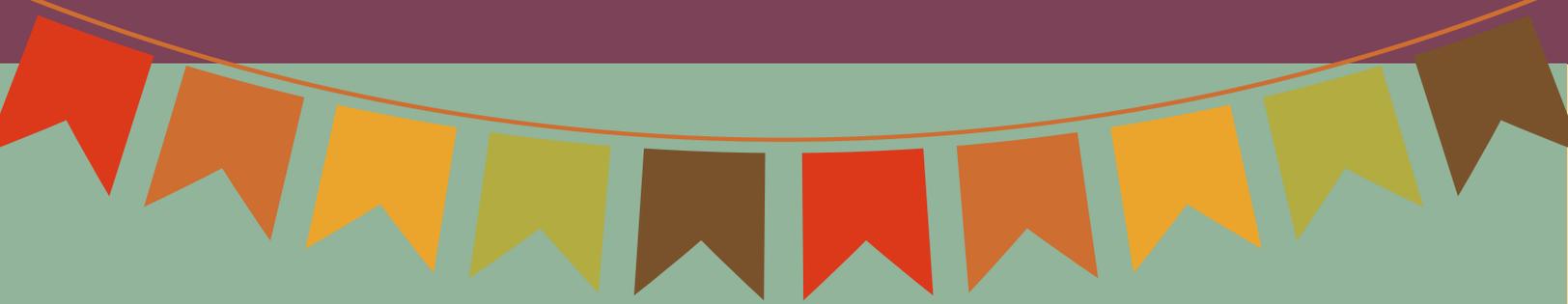
November 18th

Strengthening Connections
Field Trip

November 26th

Inquiry Day
Early Dismissal @ Noon





Early Years Program (Grades K-6)

What an exciting October we had!

Written learning updates will be done before winter break. Teachers will be writing your child's learning update based on work submitted. Please make sure that your child submits work in all subject areas regularly so that their learning update is an accurate reflection of their ability and effort. Please reach out to your child's teacher(s) if you have any questions about learning updates.

Middle Years Program (Grades 7-9)

Keep up the fantastic work!

Your teachers, Cody and Shelley, will be asking students to start their Science and Socials courses this month. Stay tuned for a message from them on how to begin and assist with your child's learning.



Secondary Program (Grades 10–12)

Thank you for attending school regularly, online or in-person, and working diligently!

Written learning updates will be available on or before December 15th. Mentor teachers will work with students to review their core competencies and goal reflections.

Cross-enrolled students are welcome to reach out to their teachers any time if they need additional assistance with their work.

Connections Club

Come get social!

Thursday afternoons from 1 to 3pm
starting October 24th

Join Megan, Shelley, and Jessica
as we plan fun activity afternoons with students!



Registration for the 2025–26 school year is open!

Please fill out [THIS FORM](#) to register.

If you have any questions, please call our office at (250) 498-4597
or email ylregistrations@sd53.bc.ca

Note: Only students within our district's catchment area can register with YouLearn.ca. Out of district students must register with one of their local schools or a [Provincial Online Learning School](#).

Halloween!



Connections Club



CYMH Presents...

PARENTING THROUGH THE CHAOS

SCHOOL AVOIDANCE:

JOIN US FOR A FREE INTERACTIVE ONLINE WORKSHOP EXPLORING THE UNIQUE CHALLENGES OF SCHOOL REFUSAL AND THE LINK TO MENTAL HEALTH.

WEDNESDAY, NOVEMBER 12, 2025 6-7:30
PM

[WORKSHOP LINK \(CLICK HERE\)](#)





STRENGTHENING CONNECTIONS PRESENTATION

When: November 18th/2025

9:30 a.m. – 12:30 p.m.

Where: Nk'mip Campground Clubhouse

Who: TRU, UBC Medicine, UVic, OC, SFU, Selkirk, NVIT, UBC, JIBC, NEC.
SOSS Grade 11 & 12 Indigenous Students & OIB young adults are invited.

Explore, Connect, Thrive!

THINKING ABOUT YOUR FUTURE? Strengthening Connections is dedicated to connecting Indigenous recruiters and advisors from post-secondary institutions with Indigenous learners across BC.

Strengthening Connections (SC) is composed of BC post-secondary institutes and employers we call “joiners” that travel together to local high schools and Indigenous communities to encourage Indigenous youth to continue their learning journey. Employer reps can range from organizations such as the RCMP, Canadian Forces, Island Health, Indspire, and more, and focus on career opportunities for Indigenous learners. We provide events in a format that works best for Indigenous participants, such as career fairs, presentations, or some other activity that promotes information sharing. Our primary focus is connecting Indigenous Learners with education opportunities.

Find more information: [Strengthening Connections – Explore, Connect, Thrive!](#)

Please contact Jessica Stelkia at jstelkia@sd53.bc.ca or Shannon Peltier @ edu@oib.ca to confirm attendance.



*please return to Mr. Binns, Edr.
president or YL secretary by
NOV 12/25 *

APPENDIX D

SCHOOL DISTRICT NO. 53
PARENT CONSENT FOR FIELD TRIPS
STUDENT ACTIVITY / FIELD TRIP

Ms Stelkia (160) are planning the following student activity/activities. Your written permission is required by the school if your child is to attend.

Description of the activity: Strengthening Connections Presentation (UIC, UBC Med, CC, SFU, Sellkirk, TRU, NAIT, NEC.)

Special Requirements/Equipment: lunch provided, please bring snacks + water

Town: Ogosta, B.C. Nk'mip Campground Clubhouse.

Dates(s): Nov 18/2025

Mode of Transportation: Mini-Bus

Accommodations: N/A

Field Trip Leader(s): Ms Stelkia, Ms. Gallagher (250 689-3687)

Chaperones: Mr. Binns

Departure Time/Date: Nov 18/25 > 9:00am

Anticipated Return Time/Date: Nov 18/25 > 1:30pm

Accidents can be the results of the nature of the activity and can occur with or without any fault on either the part of the student, or the School Board or its employees or agents, or the facility where the activity is taking place. By allowing your son/daughter to participate in this activity, you are accepting the risk of an accident occurring, and agree all these activities, as described above, are suitable for your child.

Jessica
Field Trip Leader

[Signature]
Administrator

If you do not wish your child to accompany his or her class on this trip, please contact me and I will arrange alternate supervision.

I give _____ (name of student) permission to participate in the field trip to _____ on _____. I understand that my child may be exposed to certain risks while participating in this activity. Accidents and injuries may occur.

Consent/Waiver - Booster Seats (applies to trips using personal vehicles as transportation):

- My child is over 9 years of age OR over 4'9" - no booster seat required
- My child is over 18kg/40 lbs AND under 4'9" - booster seat required
 - My child will bring a portable booster seat that does not require installation into the driver's vehicle
 - My child does not have a car seat or booster seat that is appropriate for his/her age and weight. I request that the school provide an appropriate child car booster seat for my child.

Signature of Parent / Guardian

Date

Printed name of Parent / Guardian

Medical Number

Address of Parent / Guardian

Home/Work/Emergency Phone #'s

SYMPHONY FIELD TRIP

- February 4th
2026
at Penticton's
Cleland Theatre

Join YouLearn for the 2026 School Show 'The Symphony Tells a Story', where we will explore well-known music for full symphony orchestra (like Beethoven, John Williams, and Tchaikovsky) and see how composers and musicians tell a story through music. The program also includes the work *The Hockey Sweater*, a vibrant orchestral work composed by Abigail Richardson-Schulte, based on the beloved Canadian children's story by Roch Carrier and narrated on stage by local music educator and storyteller Joe Berarducci.

- Seats are limited to those who pre-register.
- Pre-registration closes November 24th.
- The school can provide meals and transportation.

REGISTER HERE:

[HTTPS://FORMS.OFFICE.COM/R/KYD
6NPDDBT](https://forms.office.com/R/KYD6NPDDBT)

or come into the office
and register in-person
with Miss Jessica

YouLearn Students Welcome!

SOSS TRIP TO FRANCE & ITALY

For students in grades 9, 10 and 11 this year!

ALL INCLUDED

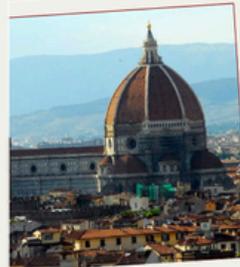
\$6157

PER PERSON

Paris - Cote d'Azur - Monaco - Eze - Nice
Florence - Rome - Pompeii

PACKAGE INCLUDES:

- 11 Days and 9 Nights Tour
- Full European Breakfast Daily
- Dinner Daily
- Local Transportation
- Professional Tour Guide & Tips
- Airfare from Kelowna



DEPARTURE: 16 MARCH 2026

TRIP ITINERARY: WWW.EXPLORICA/STOPA-6189

Contact us: Mrs. Goncalves
Mrs. Stopa

 rgoncalv@sd53.bc.ca
 hstopa@sd53.bc.ca

 250-488-7195
 250-498-7691

YouLearn.ca's Career Programs Summary

Period	Program	Details
September	Health Care Sampler	2 days per week online and 2 days per month on campus in Penticton.
September	Information Technology (Computers) Sampler	(Offered every other year) 1 day online and 1 day on campus each week in Penticton.
September	Early Childhood Educator	2 days online each week and 2 days each month on campus in Penticton.
February	Chef Program Camosun College	Online self-paced lessons with a lab one afternoon in Oliver.
February	Trades Sampler	4 days each week in Penticton for 16 weeks.
July	Emergency Medical Responder	5 weeks during the Summer Break.
May	Royal Canadian Mounted Police Jean Minguy Youth Academy	10 days in Vernon in the spring. <u>Deadline to apply is in early January.</u> Recommended participants are grade 12 students.
May	Inclusive Trades Sampler	1 day in each secondary school. Recommended participants are grade 10 students.
All Year Intake	Nail Technician	Kelowna - Marvel College
All Year Intake	Dual Credit College Programs	Penticton and Kelowna Campuses Some common programs include automotive services technician, welding, carpentry, electrical, plumbing, HVAC, etc.

Please contact YouLearn.ca's Career Education Teacher, Steve Pozzobon, if you are interested in taking any of the above programs!

Interested in any of the following career paths?

Health Office Administration

Dental Health

Pharmacy

Nursing

Social Work and Counselling

Allied Health

Enroll in YouLearn's Health Sampler program today! in partnership with Okanagan College

This 120-hour course is a gateway to the dynamic world of health care professions. It will provide students with an opportunity to explore a variety of high demand health care careers, sample job tasks, and identify educational requirements for entry into the profession. The learning experience is designed to help students choose a health career path that aligns with their passion and skills.

Enrollment Requirements

Students must be in Grade 11 or 12

Credits Earned

Students will earn 4 credits (one course) at the Grade 12 Level

Dates

February 2nd to June 17th

Times & Locations

Tuesdays and Thursdays Online from 6-9 pm

+ every second Saturday at the Okanagan College Penticton Campus

- Learn common terminology used in health care settings.
- Build therapeutic relationships with professional practice standards.
- Understand scope of practice and interprofessional health care teams.
- Develop cultural sensitivity and inclusive practices.
- Identify labour market needs, job opportunities in the local area, and how to prepare and apply to college programs.

Please contact YouLearn.ca's Career Education Teacher, Steve Pozzobon, if you are interested in taking the above programs!

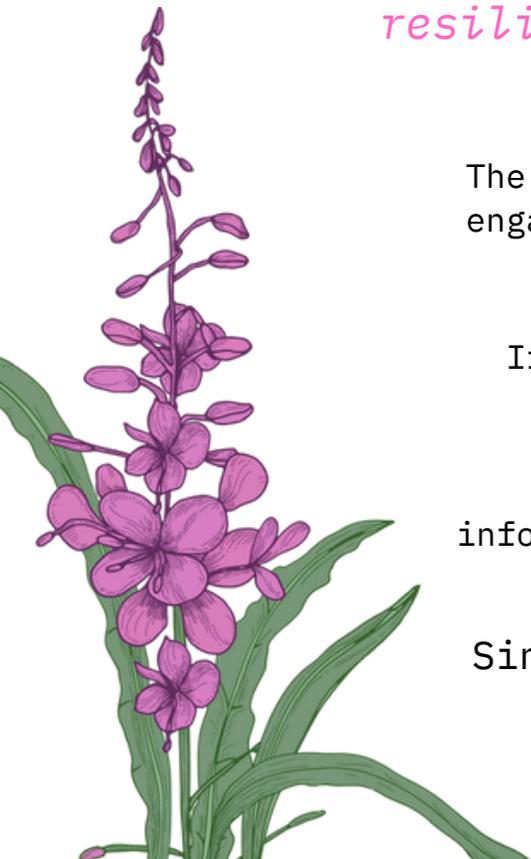


Why fireweed? ...with its ability to thrive in disturbed areas, long blooming season, and wind dispersed seeds, fireweed is a stunning symbol of rejuvenation and new growth after destructive events. Its beauty and resilience are truly remarkable

The Collective is a multi-age group who meets monthly to engage in nature-based social activities. The purpose of 'being around others who just get it'.

If your child has experienced the death of a parent, caregiver, or sibling, please reach out to your school's Administrator if you would like further information or to register your child/teen for the group.

Sincerely, The District Counselling Team, ICY & Healthy Schools





2025/2026 SCHOOL CALENDAR

September 2025

Su	Mo	Tu	We	Th	Fr	Sa
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

October 2025

Su	Mo	Tu	We	Th	Fr	Sa
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

November 2025

Su	Mo	Tu	We	Th	Fr	Sa
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

December 2025

Su	Mo	Tu	We	Th	Fr	Sa
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

January 2026

Su	Mo	Tu	We	Th	Fr	Sa
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

February 2026

Su	Mo	Tu	We	Th	Fr	Sa
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

March 2026

Su	Mo	Tu	We	Th	Fr	Sa
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

April 2026

Su	Mo	Tu	We	Th	Fr	Sa
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

May 2026

Su	Mo	Tu	We	Th	Fr	Sa
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

June 2026

Su	Mo	Tu	We	Th	Fr	Sa
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

IMPORTANT DATES TO REMEMBER

September 1	Labour Day
September 2	Schools Open
September 30	National Day for Truth & Reconcil.
October 13	Thanksgiving Day
November 11	Remembrance Day
December 22	Christmas Break Begins
January 5	Schools Re-Open
January 23-27	Secondary Exam Days
January 28	Second Semester Begins
February 16	Family Day
March 16	Spring Break Begins
March 30	School Re-Open
April 3	Good Friday
April 6	Easter Monday
May 18	Victoria Day
June 22 to 24	Secondary Exam Days
June 25	Last Day of Classes
June 26	Administrative Day (School Closed for Students)

Number of Days in Session 192
 Number of Days of Instruction 184

DISTRICT NON-INSTRUCTIONAL DAYS

October 24 – Professional Development Day
 February 13 – Professional Development Day
 March 23 to 27 - Connected to Spring Break

EARLY DISMISSAL DATES

Schools will notify parents of early dismissal times
 Also available on our website: <http://www.sd53.bc.ca/>
 Cawston/Keremeos: October 22 & 23 / April 9 & 10
 Osoyoos: October 22 & 23 / April 9 & 10
 Oliver/OK Falls: October 22 & 23 / April 9 & 10

District wide early dismissal days for Inquiry Time are indicated on calendar with this symbol { }

Family Conferences

October 22: CPS, OKF, OES, OSE, OSS, SESS, SOSS, TEN
 April 9: CPS, OKF, OES, OSS, SESS, SOSS, TEN
 April 9 and/or 10: OSE

- Stat/School Holidays
- Non-Instructional Days
- Secondary Exam Days
- Year End Administration

We are an innovative learning community where all members are supported in their academic, social, and mental well-being equipped with the skills and experiences necessary to thrive in a diverse and changing world.

SCHOOLS IN DISTRICT

Cawston Primary School
Principal: Amanda Palmer

Phone: 250-485-4434
Fax: 250-499-5288
Hours: 8:38am-2:30pm

Okanagan Falls Elem. School
Principal: Katie Poole

Phone: 250-497-5414
Fax: 250-497-8279
Hours: 8:30am-2:27pm

Oliver Elementary School
Principal: Scott Tremblay

Phone: 250-498-3468
Fax: 250-498-0339
Hours: 8:30am-2:23pm

Osoyoos Elementary School
Principal: Jason McAllister

Phone: 250-485-4444
Fax: 250-495-2855
Hours: 8:30am-2:30pm

Osoyoos Secondary School
Principal: Dave Foster

Phone: 250-485-4433
Fax: 250-495-2669
Hours: 8:35am-2:45pm

Similkameen Elem. Sec. School
Principal: Stacey Smith

Phone: 250-499-2727
Fax: 250-499-2411
Elem Hours: 8:30am-2:35pm
Sec Hours: 8:30am-2:40pm

Southern Okanagan Sec. School
Principal: Bev Young

Phone: 250-498-4931
Fax: 250-498-6957
Hours: 8:30am-2:45p

Tuc-el-Nuit Elementary School
Principal: Shannon Miller

Phone: 250-498-3415
Fax: 250-498-0388
Hours: 8:30am-2:27pm

YouLearn.ca – Online Learning & Continuing Education

Principal: Brad Burns Phone: 250-498-4597

DISTRICT CONTACTS – 250-498-3481

Marcus Toneatto	Superintendent of Schools
Subra Paliappa	Secretary Treasurer
Naryn Searcy	Director of Learning & Inquiry
Debby Sansome	Director of Facilities
Susan Trower	Manager of Human Resources
Heather Rose	Director of Student Services
Melia Dirk	District Vice Principal, Early Learning & Childcare

BOARD OF EDUCATION:

Rob Zandee
Debbie Marten
Casey Brouwer
Sholeh Pickell
Christine Watson
Karen Clayton
Brenda Dorosz

PARENT AND STUDENT APPEALS:

Where a decision of an employee of the Board significantly affects the education, health or safety of a student, the parent/guardian of the student, or the student may, within a reasonable time from the date that the parent/guardian or student was informed of the decision, appeal that decision to the Board. Further information regarding the appeal process can be obtained [HERE](#).

ELEMENTARY PROGRESS REPORTS ISSUED:

Mid-Year Reports: Date to be determined by each school

Final Report: Thursday, June 25, 2026



Share the Spirit 2025

Oliver, Osoyoos & Ok Falls

Important Program Update

We are please to announce that we will be taking over Osoyoos Share the Spirit this year and going forward.

PLEASE READ THIS CAREFULLY. To qualify to be sponsored through the Share the Spirit program:

- You will have a child under the age of 18 years old living with you.
- You will live in Oliver, Osoyoos or Ok Falls

Share the Spirit gift hampers make the holiday season brighter for children in need in our communities. It's important that you know that the gifts your child/children will receive are generously donated by local residents and businesses who choose to sponsor.

1) Fill out a detailed wish list for your children. ***Our goal is to provide each child with three Stocking Stuffers, two 'Elf' gifts (\$25 value) and one 'Santa' gift (\$40-\$50 value). Once the gifts have been chosen, our helpful elves send enough wrapping paper home with them so that you can wrap the gifts yourself.***

Your sponsor wants to choose items your children need and want. Fill in EVERY section with lots of detail.

Wish list items may include needed items (pajamas, slippers, warm clothing) as well as reasonably priced toys for your children. Remember that this program is intended to benefit children rather than adults.

Completed application forms should be submitted to:

- Desert Sun Counselling and Resource Centre (call 250 498 2538) to make sure the office is open).
- The Okanagan Boys and Girls Club, Oliver.
- Jo Tanner (Oliver Missions Society)

Forms **MUST BE** submitted by **Friday, November 21st**, but earlier is preferred.

Questions? Contact Maureen at 250 485 7739 or maureen@desertsun.ca.



Share the Spirit Oliver, Osoyoos & Ok Falls

Supporting children in our community

Important Information

Thank you for applying for support through Share the Spirit. Our goal is to make the holiday season a little brighter for children.

- Please complete all sections as fully and accurately as possible.
- This application supports **children**.
- We kindly ask that gift choices be practical and reasonably priced.
- A referral from a school, service agency, or counsellor is required.

If you need help filling out this form, please let us know — we are here to support you.

Section 1: Parent/Guardian Information

Parent/Guardian Name(s): _____
Address: _____
City/Town: _____ Postal Code: _____
Phone Number: _____ Email: _____
Number of Children in Household: _____

Preferred Contact Method (please check):

Phone call Text Email

Section 2: Referral Information

(To be completed by Counsellor / Service Agency / School Representative)

Referring Agency/School: _____
Referring Contact Name/Role: _____
Phone/Email: _____

Signature of Referring Representative: _____

Date: _____

Child 3

Name: _____ Age: _____ Gender: _____

Clothing Sizes: Shirt _____ Pants _____ Shoes _____ *(Please ensure you include specific sizes)*

Wish List

Stocking Stuffers (3):

1. _____
2. _____
3. _____

Elf Gifts (2 gifts, approx. \$25 each):

1. _____
2. _____

Santa Gift (1 gift, approx. \$40–\$50):

1. _____

 **Please cut this off and save for your information** 

Gift Pickup Details

Pick-up for your child(ren)'s gifts will take place on:

-  **Saturday, December 13th**
-  **Oliver Community Centre**
-  **4:00 PM – 7:00 PM**

If you are unable to pick up during this time, please contact **Maureen** in advance at:

-  maureen@desertsun.ca
-  250-485-7739

Content for Parent Newsletters

HEALTH PROMOTING SCHOOLS

November 2025

HEALTHY EATING & FOOD SECURITY

Sharing Stories



Check out our Stories@IH [Fire Fridays at Senpaq'cin School](#) to see how students in Oliver are participating in a land-based learning program that connects them to syilx language, culture, and food sovereignty.

LEGAL SUBSTANCES AND YOUTH HARM REDUCTION

CONTEST ALERT: Seeking youth artists' views on tobacco, cannabis, vaping and alcohol!

Students in grades 6-12 across the [Interior Health region](#) are invited to submit an original form of artwork that shares their views on the impacts of tobacco, cannabis, vaping and alcohol use in this year's Beyond the Buzz 2.0 – Youth's Voices on Substance Use poster contest.

The contest is **now accepting submissions up until Dec. 15, 2025.**

The winning posters are selected by a panel of peer judges from IH's [YOUTHWISE Advisory Group](#). The winning artists will receive a prize of a \$150 gift card of their choice! Plus, their artwork will be shared on social media and displayed at schools and health care centres across the region. Find out more at: [Beyond the Buzz 2.0 Youth Poster Contest](#)

You can also promote the contest in many ways:



- Share this information with educators and other professionals working with youth
- Display the [contest flyer](#) where youth can see it
- Encourage youth in your personal and professional circles to participate

Additional Resources:

[Youth Information on Tobacco, Cannabis, Vaping and Alcohol](#)

Get to know more about drugs – honest drug information for youth



The Youth Harm Reduction and Legal Substances teams are excited to share our new youth-focused webpage: [Get to Know More About Drugs](#).

This page provides accurate, honest, and non-judgmental information about various substances. It covers

topics such as the benefits of abstinence and delaying use, the effects and risks of substances, strategies to reduce harm, and how to access support services, including treatment.

MENTAL HEALTH

BC Children's Health Bridge and BC Children's Kelty Mental Health Resource Centre have partnered with Our Kids' Health to create **culturally relevant, accessible mental health resources in multiple languages** to support diverse families, including Arabic, Cantonese, English, Mandarin, Punjabi, Spanish, Tagalog, Tamil, Ukrainian, and for Black communities.

New topic:

[How to Talk to Your Child About Cannabis.](#)

As your child grows, they may be exposed to cannabis. By having an open and curious conversation, **you can help guide your child to make informed, safer decisions.** Check out these new resources to explore some tips to help talk about it.

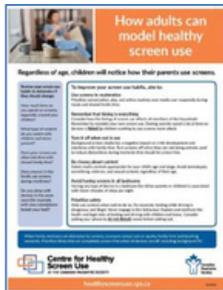


You can access all mental health videos and written posts [here](#).

SCREEN TIME

The [Centre for Healthy Screen Use](#) at the Canadian Paediatric Society is a great resource that provides guidance for parents, policymakers, and health professionals when it comes to screen use for children and youth.

Explore the latest including webinars, parent guides, and more!



YOUTH VOICES ON SUBSTANCE USE

Beyond the Buzz 2.0

**YOUTH POSTER****CONTEST**

For youth in
grades 6 to
12 in the
Interior
Health Region

Submit your original poster
artwork that shares a
message about the impacts of:

- Commercial Tobacco
- Cannabis
- Vaping, or
- Alcohol

**ENTER FOR
YOUR CHANCE TO
WIN A \$150
GIFTCARD!**

**SUBMISSION DEADLINE:
DECEMBER 15, 2025**

Visit our website for more information:
www.interiorhealth.ca



Beyond the Buzz: Youth Voices on Tobacco, Cannabis, Vaping and Alcohol

Poster Contest – Entry Form

Submit your artwork along with this entry form either by mail or email. Artists may submit one entry per contest theme. Each entry must be accompanied by an entry form. **Entry deadline is 11:59 p.m. PST on Dec. 15, 2025.**

- Original artwork can be mailed to: Interior Health – Population Health
Legal Substances Program
1440 14th Ave.
Vernon, B.C. V1B 2T1
- Digital artwork can be emailed to: LegalSubstances@interiorhealth.ca

Date:	
Name (First, Last):	Age:
School:	Grade:
School Teacher (First, Last):	
Student Email:	Phone:
Title of Artwork (if applicable):	
Theme of Artwork:	
<p>Alcohol: Choices on Tap: Alcohol, Youth & Consequences</p> <p>Tobacco: Tobacco: Commercial Tobacco's Environmental and Community impacts</p> <p>Vape: Unmask the Vapour: Nicotine, Addiction & Hidden Dangers</p> <p>Cannabis: Mind at Risk: Cannabis, Brain Development & Youth Well-Being</p>	
*Commercial tobacco is not reflective of traditional, ceremonial or medicinal uses of tobacco in various cultures.	

I, _____, certify that I:

- Have read the contest rules.
- Have submitted one (1) original artwork per theme of no more than one page in length, between 8.5 x 11 and 11 x 17 inches in size.
- Confirm that my artwork submission has not included the use of any AI generated images.
- Am under the age of 19 years.
- Am enrolled in a school program and in grade 6 to 12.
- Live in the [Interior Health \(IH\) region](#).
- Understand that I retain copyright to my work but agree for IH to use. My poster may be used in the promotion of national, regional, and local substance use prevention campaigns, and featured in schools, community settings, and on IH's social media platforms, website, and in hospitals and health-care centres. My name, grade level and school may also be included.

Student Name

Student Signature

Date

Parent/Guardian Name

Parent/Guardian Signature

Date